

# BIP Healthy Campus



Step into practical examples of how to strengthen overall well-being and support the academic community through BIP's hands-on workshops!

Interactive activities and discussion will offer an opportunity for inspiration and reflection on how to support a more inclusive and healthier campus.

**BIP: Healthy Campus: building wellbeing, creating community**  
**20 - 24 April 2026, Prague**

Registration link is open until 28 February 2026

### Topics Covered:

- Students' Wellbeing on Campus
- Sharing Best Practices
- Healthy Campus Project
- Empathy Workshop
- Workplace Relationships
- Resilience through Art Therapy
- Meditation for Stress Relief
- Sustainability
- Creative Hands-On Projects
- Equality, Diversity and Inclusion
- Sport Activities

## Who Should Attend?

- Administrative Staff
- Special Needs Centre Staff
- Psychologists
- International Office Staff
- Academic Staff
- Equality Officers
- Representatives of Student Networks

## Preliminary programme:

Have questions? Contact us!

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