
BIP Healthy Campus



Step into practical examples of how to strengthen overall well-being and support the academic community through BIP's hands-on workshops!

Interactive activities and discussion will offer an opportunity for inspiration and reflection on how to support a more inclusive and healthier campus.

BIP: Healthy Campus: building wellbeing, creating community 20 - 24 April 2026, Prague

[Registration link](#) is open until **28 February 2026**

Topics Covered:

- Students' Wellbeing on Campus
- Sharing Best Practices
- Healthy Campus Project
- Empathy Workshop
- Workplace Relationships
- Resilience through Art Therapy
- Meditation for Stress Relief
- Sustainability
- Creative Hands-On Projects
- Equality, Diversity and Inclusion
- Sport Activities

Who Should Attend?

- Administrative Staff
- Special Needs Centre Staff
- Psychologists
- International Office Staff
- Academic Staff
- Equality Officers
- Representatives of Student Networks

Preliminary programme:

Preliminary programme		Healthy Campus building wellbeing, creating community			
Date and time		Topic			
Monday 20 April		WELCOME TO THE DAY			
09:00 - 10:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
10:00 - 11:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
11:00 - 12:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
12:00 - 13:00	Lunch	Lunch		Lunch	
13:00 - 14:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
14:00 - 15:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
15:00 - 16:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
16:00 - 17:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
17:00 - 18:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
Tuesday 21 April		WELCOME TO THE DAY			
09:00 - 10:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
10:00 - 11:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
11:00 - 12:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
12:00 - 13:00	Lunch	Lunch		Lunch	
13:00 - 14:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
14:00 - 15:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
15:00 - 16:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
16:00 - 17:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
17:00 - 18:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
Wednesday 22 April		WELCOME TO THE DAY			
09:00 - 10:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
10:00 - 11:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
11:00 - 12:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
12:00 - 13:00	Lunch	Lunch		Lunch	
13:00 - 14:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
14:00 - 15:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
15:00 - 16:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
16:00 - 17:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
17:00 - 18:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
Thursday 23 April		WELCOME TO THE DAY			
09:00 - 10:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
10:00 - 11:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
11:00 - 12:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
12:00 - 13:00	Lunch	Lunch		Lunch	
13:00 - 14:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
14:00 - 15:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
15:00 - 16:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
16:00 - 17:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
17:00 - 18:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
Friday 24 April		WELCOME TO THE DAY			
09:00 - 10:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
10:00 - 11:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
11:00 - 12:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
12:00 - 13:00	Lunch	Lunch		Lunch	
13:00 - 14:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
14:00 - 15:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
15:00 - 16:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
16:00 - 17:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	
17:00 - 18:00	Registration and Welcome	Breakfast and Welcome		Registration and Welcome	

Have questions? Contact us!

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