Healthy Campus

Together, we are moving Charles University to a higher level of health and well-being. ?

What is Healthy Campus?

? **Healthy Campus** is an international certification and initiative aimed at promoting health, well-being, and a balanced lifestyle for all members of the university community – students, academics, and staff.

The university undergoes a self-assessment across 100 criteria within 7 pillars (ranging from program governance and sports to prevention, mental health, and sustainability).

A healthy university is not only about studying and working, but also about creating an environment that helps people feel good, grow, and maintain balance.