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# BIP Healthy Campus

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Step into practical examples of how to strengthen overall well-being and support the academic community through BIP's hands-on workshops!

Interactive activities and discussion will offer an opportunity for inspiration and reflection on how to support a more inclusive and healthier campus.

## **BIP: Healthy Campus: building wellbeing, creating community 20 - 24 April 2026, Prague**

[Registration link](#) is open until **28 February 2026**

Topics Covered:

- Students' Wellbeing on Campus
- Sharing Best Practices
- Healthy Campus Project
- Empathy Workshop
- Workplace Relationships
- Resilience through Art Therapy
- Meditation for Stress Relief
- Sustainability
- Creative Hands-On Projects
- Equality, Diversity and Inclusion
- Sport Activities

Who Should Attend?

- Administrative Staff
- Special Needs Centre Staff
- Psychologists
- International Office Staff
- Academic Staff
- Equality Officers
- Representatives of Student Networks

Preliminary programme:

Preliminary programme					
Healthy Campus building wellbeing, creating community					
Date		Time			
Monday 20 April					
09:00 - 10:00	Registration and Welcome	10:00 - 11:00	Breakfast	11:00 - 12:00	Registration and Welcome
12:00 - 13:00	Lunch	13:00 - 14:00	Registration and Welcome	14:00 - 15:00	Registration and Welcome
15:00 - 16:00	Registration and Welcome	16:00 - 17:00	Registration and Welcome	17:00 - 18:00	Registration and Welcome
Tuesday 21 April					
09:00 - 10:00	Registration and Welcome	10:00 - 11:00	Breakfast	11:00 - 12:00	Registration and Welcome
12:00 - 13:00	Lunch	13:00 - 14:00	Registration and Welcome	14:00 - 15:00	Registration and Welcome
15:00 - 16:00	Registration and Welcome	16:00 - 17:00	Registration and Welcome	17:00 - 18:00	Registration and Welcome
Wednesday 22 April					
09:00 - 10:00	Registration and Welcome	10:00 - 11:00	Breakfast	11:00 - 12:00	Registration and Welcome
12:00 - 13:00	Lunch	13:00 - 14:00	Registration and Welcome	14:00 - 15:00	Registration and Welcome
15:00 - 16:00	Registration and Welcome	16:00 - 17:00	Registration and Welcome	17:00 - 18:00	Registration and Welcome
Thursday 23 April					
09:00 - 10:00	Registration and Welcome	10:00 - 11:00	Breakfast	11:00 - 12:00	Registration and Welcome
12:00 - 13:00	Lunch	13:00 - 14:00	Registration and Welcome	14:00 - 15:00	Registration and Welcome
15:00 - 16:00	Registration and Welcome	16:00 - 17:00	Registration and Welcome	17:00 - 18:00	Registration and Welcome
Friday 24 April					
09:00 - 10:00	Registration and Welcome	10:00 - 11:00	Breakfast	11:00 - 12:00	Registration and Welcome
12:00 - 13:00	Lunch	13:00 - 14:00	Registration and Welcome	14:00 - 15:00	Registration and Welcome
15:00 - 16:00	Registration and Welcome	16:00 - 17:00	Registration and Welcome	17:00 - 18:00	Registration and Welcome



Have questions? Contact us!

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